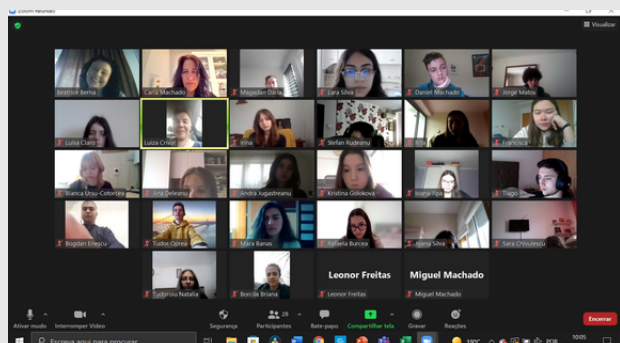




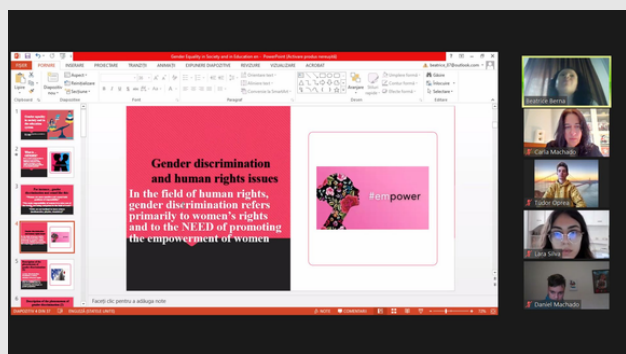
# NEWSLETTER

## HUMAN RIGHTS - KA121 GENDER EQUALITY



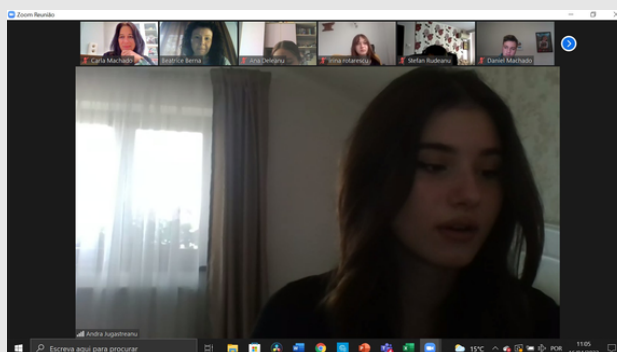
### WORKSHOP CARRIED OUT BY THE ROMANIAN INSTITUTE FOR HUMAN RIGHTS

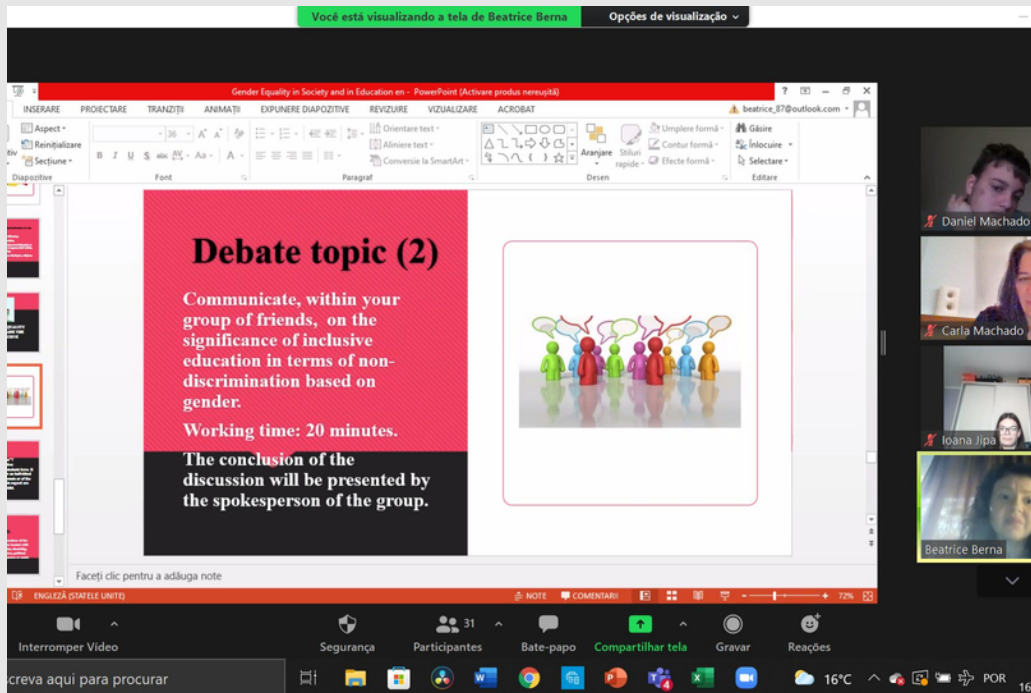
On April 16, an exciting online session brought together students from Portugal and Romania as part of the Erasmus+ project's pre-mobility activities. The session provided a unique opportunity for participants to engage in a workshop conducted by the esteemed Romanian Institute for Human Rights, with the guidance of Beatrice Berna. During this captivating session, students were immersed in a transformative learning experience. Beatrice Berna, an expert from the Romanian Institute for Human Rights,



skillfully led the workshop, sharing her knowledge, insights, and expertise with the eager participants. Through interactive discussions, engaging activities, and thought-provoking exercises, the students delved into the realms of human rights, exploring the principles, challenges, and importance of this critical field.

The virtual environment transcended borders, allowing the students to connect, collaborate, and learn from one another despite the physical distance between Portugal and Romania. The Erasmus+ project's emphasis on fostering international cooperation and cultural exchange truly came to life during this session, as the students embraced diversity and gained a deeper understanding of each other's perspectives.





This workshop served as a stepping stone for the upcoming mobility activities, preparing the students for the enriching experiences that await them. It not only expanded their knowledge but also nurtured essential skills such as intercultural communication, teamwork, and empathy.

The Erasmus+ project continues to create remarkable opportunities for students to broaden their horizons, embrace different cultures, and develop a global mindset. As the pre-mobility activities set the stage for the forthcoming adventures, the students are filled with anticipation, excitement, and a sense of unity. The journey has just begun, and these young minds are ready to embark on a transformative learning experience that will shape their futures.

Together, Portugal and Romania stand as shining examples of the power of Erasmus+, fostering connections, understanding, and growth among students from different corners of Europe. With each activity, workshop, and exchange, the project's impact is felt, leaving a lasting impression on the participants and paving the way for a more inclusive and interconnected world.

May this remarkable journey continue to unfold, bringing forth lifelong friendships, profound insights, and a shared commitment to building a better future for all.